

Climb Up to Cadette!

When you climb up to Girl Scout Cadette, get ready to lead! Organize a basketball league for girls in your community, help plan a badge workshop for younger Girl Scouts, or help build a house with Habitat for Humanity.

Try a *destination* or getaway to California and visit a marine mammal center. Soak up the atmosphere at a majestic national park as you wander through the woods at Yosemite. Strap on your backpack and explore the Grand Canyon or hike the Appalachian Trail. It's up to you!

As a Girl Scout Cadette you can choose from three different Journeys: Explore the twists and turn of friendship in *aMAZE*; investigate what's really in the air with *Breathe*; or channel your creativity into an awesome project through *Media* (available December 2010).

You don't have to stop there. Once you've done a journey, you can embrace an issue you care deeply about and change your community for the better by completing a project to earn your Girl Scout Silver Award—the highest award a Cadette can earn.

If you like working with younger girls, you can help your Brownie sisters on their journey and earn the Leadership in Action award in the process.

Earning the Award

To earn the Bridge to Girl Scout Cadette Award, complete two bridging steps. These steps will help you pass down something you learned to a younger Girl Scout and look forward to what's waiting for you at the next level.

Bridging Step One: Pass It On!

Share your talents and skills by teaching younger Girl Scouts something you learned to do as a Junior.

As a Cadette, you'll have the power to create an amazing impact on the world around you! Here are some ideas for taking everything you've learned and energizing younger girls to jump up to Junior. Use one of these ideas to start you off, or come up with your own. You only have to do one to complete the step.

- Show your Brownie sisters why being a Junior is so great. Make short videos of everyone in your group speaking for one minute about your favorite memory from your time as a Junior and screen them for a group of Brownies. Don't forget to tell them why you can't wait to climb up to Cadette!
- Invite Brownies to attend one of your meetings and demonstrate a skill that will make them look forward to being a Girl Scout Junior. For example, you could show them photos from your group's favorite camping



The Bridge to Girl Scout Cadette Award Patch ([UPC # 09711](#), suggested retail price \$1.25).

or canoe adventure and demonstrate how pack a backpack for a longer trip. Get them excited to spend time outdoors with their Girl Scout sisters!

- Invite girls your age who aren't Girl Scouts to join you in a fun activity – learning martial arts, sign language or building a parade float. If you're doing a Take Action project, ask your buddies to tag along! Maybe you'll inspire them to pitch in.
- Team up with the girls in your group that earned a Bronze Award and hold a question and answer session for interested Brownies. Describe how you chose your project, your planning process and how you overcame obstacles along the way. Inspire them to go for the Bronze too!

Bridging Step Two: Look Ahead! **Find out What Girl Scout Cadettes Do**

As a Cadette, you'll set your sights on the world outside your local area. Find out what lies beyond your neighborhood. Make a list of all the places in you'd like to visit. But, there's no better way to find out what you have to look forward to than to talk with your Cadette sisters.

Use one of the ideas below to get you started, or come up with your own. You only have to do one to complete the step.

- Ask a Cadette to talk to you about her experiences so you know what you can expect. Does she have a favorite experience from her time as a Cadette? If she mentions a special activity or new skill she learned as a Cadette, ask her to teach you how to do it.
- Do you want to work on your Girl Scout Silver Award? Find the Cadettes that earned this honor and ask them for tips. Find out how they formed their teams, how they selected a project and what they learned along the way. If you have some ideas for your own project, be sure to ask them for advice.
- What journeys did Cadettes go on? What did they enjoy about the experience? Ask them how they helped their community and to share their best moments from their journey with you.

Plan a Ceremony

Congratulations! You've earned your Bridge to Girl Scout Cadette Award! Celebrate with a favorite ceremony you learned on your Junior journey—or make up a new one. Then add your Bridging patch to your Cadette sash or vest. For more ideas, visit [Bridging Ceremonies](#).

If you go online, remember to sign the [Girl Scout Internet Safety Pledge](#).